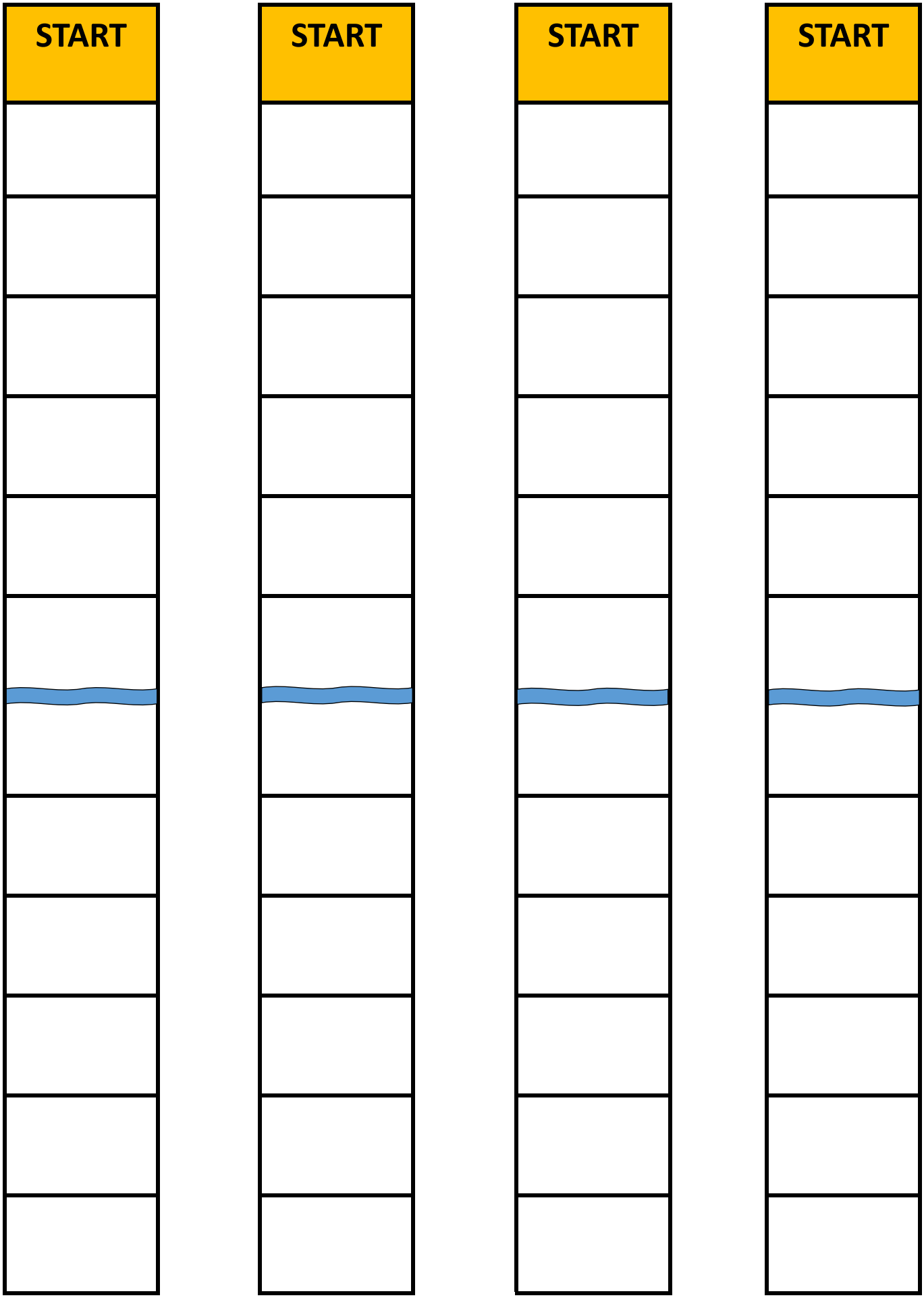Over åen